About Us

Enders Island is an 11-acre island off the coast of Mason's Island in Mystic, Connecticut. The grounds of Enders Island include a 360° ocean view, beautiful walking gardens, a Seaside Chapel, an outdoor Stations of the Cross, and iconic facilities including the Enders House, an early

20th century arts and crafts style mansion, and the Catholic Chapel of Our Lady of the Assumption, which houses the incorrupt arm of St. Edmund of Canterbury (1175–1240). Enders Island has 3 primary ministries:

St. Edmund's Retreat

Featuring private retreats and an extensive array of programs open to people of all faiths: Speaker Series; Days of Recollection; and Mini, Weekend, and Week-long Retreats for men, women, clergy, married couples, and a variety of other groups. Bereavement programs are also available throughout the year for those mourning the death of a loved one.

Recovery Ministry

For 50 years, Enders Island has offered weekly 12step meetings in Father Joe's Place and 11th Step Weekend Retreats for men and women seeking to improve their conscious contact with God through prayer and meditation. Enders Island also features a Recovery Residence for college-aged men and is the eastern Connecticut home of the CatholicPsych Institute.

The Sacred Art Institute

Offering evening, afternoon, and week-long residency workshops in Iconography, Illumination, Calligraphy, Stained Glass, and Sacred Music among others. All Sacred Art Workshops feature highly skilled instructors and many may be taken for college credit, issued by Holy Apostles College in Cromwell, Connecticut.



Enders Island welcomes everyone to enjoy the grounds whether or not they are participating in a program. The island provides all visitors the opportunity to come and enjoy the beauty of nature in a unique environment where people of all faith backgrounds have profoundly encountered God's presence. At Enders Island, visitors can find the peace and beauty that is frequently missed in the busyness of everyday life. The many gardens, pathways and shrines on the island provide opportunities for reflection and appreciation of what the poet Gerard Manly Hopkins called "the grandeur of God."

Our Gift Shop featuring homemade jams, jellies, artwork, and apparel is located in the hallway lobby of St. Michael's Hall. All are welcome to attend Mass in the Chapel of Our Lady of the Assumption each and every morning at 9 am. The Programs Office, located in the Old Chapel, is open from 9 am to 4:30 pm on Monday - Friday.









reception@endersisland.com (860) 536-0565



The Mission

of Enders Island is to proclaim in word and deed the Gospel of Jesus Christ in the light of the Catholic faith.

1 Enders Island PO Box 399 Mystic, CT 06355

Take I-95 to Exit 90. Head south on Route 27 for 1.9 miles to the end of the road. Turn left onto Route 1. Travel 0.3 miles and then turn right at the first traffic light onto Masons Island Road. Continue for 1.5 miles, bearing left at all the forks in the road.

You will come to a gate marked "Private Road - No Trespassing." If there is a security professional in the gatehouse, please inform them that you are coming to Enders Island. Proceed ahead slowly. Please be watchful of children and adults walking or bicycling along these roads. Visitor parking is located immediately to the left of the causeway.





